

## St Benedict Biscop Church

### Messy Church and Sunday Club at home

Week beginning 8th August 2021



**Praise – Love the Lord | Kids Worship Motions with Lyrics | CJ and Friends**

<https://youtu.be/vdMlxCdIY-c>

**This week's reading is taken from – John 6:24-35** In today's reading Jesus knows that the crowd are more concerned with filling their stomachs with bread. Bread is filling and gives you energy. At the time of Jesus bread was essential for supporting life. Discuss which crops are used to make bread and how bread is made. Jesus said, "Do not work for food that cannot last but work for food that endures to eternal life, the kind of food the Son of Man is offering you." Jesus knows that physical bread will not fill the people's stomachs for ever. He then says: "I am the bread of life. He who comes to me will never be hungry;" The bread that endures, that lasts is Jesus. What do you think this means? How can Jesus be the bread of life? Jesus meant that if you believe in him you will not be spiritually hungry. Many people who do not know Jesus feel restless and empty. They feel that something is missing in their lives. It is not enough to eat good food all the time, live in big house, own fast cars and have lots of possessions. This would be like eating junk food all the time. Firstly junk food would not give you the healthy nutrition you need to sustain life; it would make you fat and possibly make you ill. At the very least you would feel tired and inactive. Jesus, the bread of life, can feed your soul and help you to think about The Word of God. His teachings guide us in our daily lives and show us how to put others before ourselves. Being greedy makes us selfish. But accepting Jesus into our lives enables us to grow into the best possible person we can be. Jesus is good for our health!

**This is a link for the story on You tube if you would like to use it:**

<https://youtu.be/8zZulC0Sbbc>

**Praise — Bread of Life**

<https://youtu.be/d8Ge6xsZ8k>

**An activity –**



**Please follow this link to make this craft:**

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fsummitview.com%2Fblog%2Fkids-lesson-jesus-is-the-bread-of-life%2F&psig=AOvVaw3rgHEOAwEL-SnYyifhMvIc&ust=1626861599335000&source=images&cd=vfe&ved=0CAoQjRxqFwoTCJDw6fCx8fECFQAAAAAdAAAAABAD>

**Colouring sheet and decoder**

I attach a colouring sheet and decoder for you to enjoy.

**Prayer**

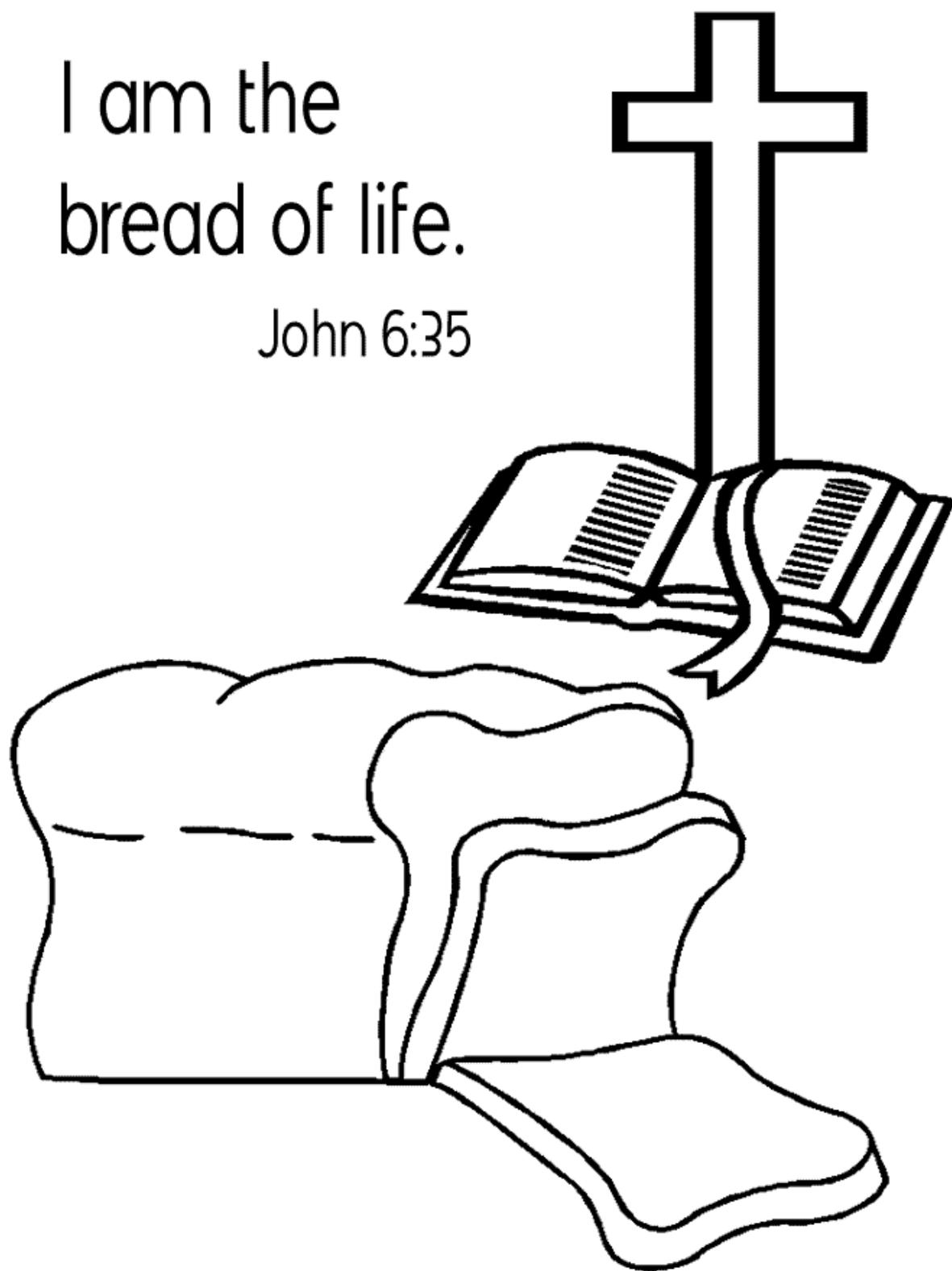
Heavenly Father, thank you for sending your Son, Our Lord Jesus Christ, to be the Bread of Life for the world. Feed us with the knowledge and love of Christ so that we may grow into healthy Christians. Amen

**Praise - Amen Praise the Lord**

<https://youtu.be/JEe1PEQREjk>

I am the  
bread of life.

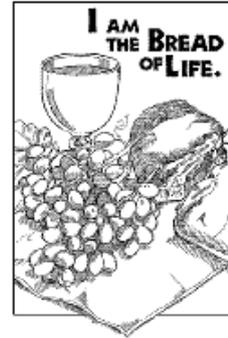
John 6:35



# Looking for a Sign

Then Jesus declared, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty. John 6:35 (NIV)

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
U	J	D	P	S	T	V	W	M	L	F	Y	C	Q	X	O	Z	G	H	I	K	E	A	R	B	N

- 22-6-22-24-26-23-10 \_\_\_\_\_
- 25-22-10-20-22-7-22 \_\_\_\_\_
- 19-22-23-7-22-26 \_\_\_\_\_
- 10-20-11-22 \_\_\_\_\_
- 5-20-18-26 \_\_\_\_\_
- 6-19-20-24-5-6-12 \_\_\_\_\_
- 19-1-26-18-24-12 \_\_\_\_\_
- 25-24-22-23-3 \_\_\_\_\_

SIGN	BREAD	BELIEVE	HEAVEN
ETERNAL	LIFE	HUNGRY	THIRSTY